515 care given to the body, but they find washing completely useless and even disastrous to health. They even claim that if they washed [824] every day they would become ill. Their argument is that daily ablutions of the limbs make the skin scale off.

751 For them the main question is protecting the different parts of the body from the rigors of the sun. All the care that they give the body is to that end.

291 They are in the habit of wearing clothing of material heavily 302 dyed with indigo which comes off on the skin, giving it a dark-blue color. Far from trying to remove this dye by washing, they become prouder of themselves as the layer of blue becomes thicker. They rub their limbs and faces with new materials to obtain the desired color.

302 To make their skin softer and more brilliant they smear their [171] limbs with a fatty substance, butter or animal fat. This custom is also adopted by Sudanese Negroes and the desert Arabs.

515 The Tuareg pay the most attention to the mouth and teeth. They rinse out their mouths with a lot of water after each meal [113] and brush their teeth with little branches which have one end chewed [824] to form a brush. For this purpose they use irak branches (Salvadora persica) or palm jereed.

302 /258/ The men and women are very fastidious about caring for the hair.

Young boys have their heads shaved except for a crest or tuft of hair left on the top. Men wear long braided hair, with a little halo shaved on the front of the head. They have their hair dressed [503] by their sisters or their female friends, in return for which they offer 270 them a bit of tobacco. The hair styles vary from region to region. [184] They may include a greater or lesser number of braids; the braids may hang down in back or be lifted to the top of the head. At a [98] certain age, when the hair begins to get grey, the men have themselves shaved completely.

302 751 Men and women make rings around their eyes with kohl; they put it not only on the eyebrows, but especially at the roots of the eyelashes. They do this for medical purposes, for they attribute [164] to kohl the ability to protect them against eye maladies, in particular against ophthalmia which strikes many of them.

[826] The Tuareg appreciate the long, narrow hands of people who do no manual labor. They [412] [53] do not take any particular care of them and are satisfied merely to cut 212 their nails rather short. As they do for hair, they bury the scraps so that no one can take them.

Fig. 36. Hairdressing knife, bearing the name of the artisan who made it in tifinagh characters.

304 [171] Tattooing. -- Make-up. -- Unlike the Kabyle and the Berbers, the Tuareg are not tattooed. This detail, which may seem insignificant, nevertheless indicates that the relationship of these different human groups is not nearly as close as one might believe, since there are such appreciable differences in mores.

184 304 Some women blue their gums and sometimes their lips by tattooing them, but this custom is particularly prevalent in the Sudanese tribes of the Timbuktu region.

302 [751] [517] On the other hand, make-up is used on a large scale among Tuareg women. They put red ocher on their faces to protect the skin from the /260/ sun. For aesthetic reasons they also blue their lips and around their mouths with indigo.

174 heads of human figures. It seems, under the circumstances, that
291 there was a taboo against representing facial characteristics.

Can the substitution of zoomorphic heads in the human figures drawn at a very early epoch on the Tassili-n-Ajjer rocks, springing from totemic beliefs, also contribute to explaining the origin of the veil? This is a permissible hypothesis.

291 What is certain is that, at the present time, it is shameful for
●826 a Tuareg to show his mouth and that the veil is the principal part of his dress. When he goes to draw water from a well, he will take off his gandurah and rull up the bottom of his trousers to be more comfortable, but he will take care that his veil is always in place.

291 Wearing the litham /veil/ -- or tiguelmoust -- includes an entire ritual which implies the existence of beliefs whose details have escaped us, because the Tuareg themselves no longer elucidate its meaning.

184 The style of wearing the veil and of placing the different parts
291 on the head may differ from one tribe to another, and there are local modes which some prefer by personal taste. And so, in recent years, the young men of the Ahaggar adopted the style of wearing the veil used by the Kel Férouan from the Aïr. This, moreover, earned them harsh criticism from the elders of their tribe.

156 /267/ But apart from these different ways of placing the veil
291 according to local or personal modes, the shape and knack make it more or less elegant. There is also a veil psychology, and when one knows a man, the way his veil is fixed may indicate his state of mind -- the reserved, modest way used when he presents himself in a camp where there are women; the elegant, studied manner for going to lover's meetings; the haughty manner of a warrior conscious of his importance; and the whimsical air of the Imrad or the swaggering slave. There is also the jovial, good-natured fellow's style of wearing the veil loosely and sloppily, and the disorderly style of the unstable, easily irritated man.

841 The cessation of the menses during pregnancy is interpreted
843 discerningly, that is, that the baby is fed by the discharge and rejects the waste products from it at birth (placenta).

When a woman cannot have a child, her husband goes to find
842 a marabout who sells him an amulet which the woman must wear
[788] next to her skin. The wife, for her part, goes to pray near old
[782] tombs known to be those of venerated people. She asks God's
769 pardon for her faults and asks death to intercede for her with the creator. If the woman conceives, the husband takes the marabout
[431] an offering which sometimes consists of as much as several head of livestock.

After confinement the wife has no sexual relations with her
846 husband for a month and ten days. On the fortieth day the husband
834 makes his wife a present of sandals and new clothing.
431

Nursing lasts on the average from two to two and one-half
862 years. Boys, however, are weaned six months later than girls, for they are more fragile, it seems, and need stronger food.

854 In camp the young child is placed on a cushion, lying on his stomach, and kept in place by a cloth band which passes over his loins and ties under the cushion. His wrists are also sometimes attached. Sometimes a wooden frame made of arches is placed over him; it holds up cloths and protects him from flies, light,
[184] and sandstorms, all at the same time. The Ioullimmiden Tuareg use little cradles which are hooked to the arches of the tent.

At moving time the mother carries her child on her back or
[171] on her hip, held by a loincloth knotted over the breasts. This method, also used by the Sudanese, does not seem to disturb the
[853] child, in spite of the /286/ mother's movements, which are sometimes quite sudden. If he cries, she nurses him until all the milk is gone; there is no question of hours or measure for feedings.

The long nursing period as well as the carrying system causes
826 the woman's breasts to sag rapidly after the first child. For the
851 Tuareg, however, aesthetics count less than motherhood, which
517 ennobles the woman.

7:Nicolaisen E-5 (1951-1962) 1963 MS25 Tuareg MS25

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Fig. 3. Unveiled vassal Tuareg. Ahaggar, the *Ikkaw-en-tawsit* tribe.

Fig. 4. Unveiled vassal Tuareg. Tasilé-n-Ajjer.

142 with the French. I have myself never seen a genuine blond Tuareg, but I have met a few albinos though
144 albinism seems to be rare. These observations agree with those of Lhote (1955a, p. 163). All the Tuareg
[143] I have seen had curly or straight black hair, and dark brown or almost black eyes. Many individuals had fairly broad faces with protuding cheeks which gave them superficially a mongoloid appearance,
142 while others had features more like Mediterranean Europeans. In literature the Tuareg are generally described as very tall people. I did not myself carry out anthropological measurements, but will not hesitate to state that in my opinion a great many Tuareg are far from big. Very many adult men in the groups I have visited were considerably shorter than myself (1.73 m). Tuareg men are generally dry
[147] and meagre, bearing the stamp of their roaming life in the desert. Their most outstanding quality is
[157] that of endurance and contempt of hunger and hardship. The appearance of Tuareg women is often quite different – they tend to grow fat. This is probably to some extent due to the fact that married
826 women spend most of their life in the tents and get little physical exercise. But fatness is also a sign
832 of feminine beauty, and some women make a great effort to grow fat by drinking milk or eating
[261] certain fattening plants (cf. p. 177, 178). According to some Tuareg fat women symbolize wealth – large flocks and herds, and much milk – but many Tuareg also say that they prefer fat women because they

7:Nicolaisen E-5 (1951-1962) 1963 MS25 Tuareg MS25

826 832 142 114 get more sexual satisfaction from intercourse with them. "A fat woman is like a woman who has never known a man", they say. Some women are steatopygous though never to the same extent as women among the Bushmen-and the Hottentot. Very comprehensive studies of Tuareg physical anthropology are lacking. Readers are referred to the chapter written by Lhote who has also published a brief bibliography of studies on this subject (Lhote 1955a, p. 158–170, 433), and to the recent and valuable publication by Briggs (Briggs 1958, p. 163 ff., 183 ff.).

291 The custom of Tuareg face veiling has attracted the curiosity of many scholars and travellers. Much has been written about the fact that Tuareg men wear a veil (*tagulmust* in Ahaggar, *tagulmust* in Ayr) while their women are unveiled in contrast to Arab custom. There have been given various explanations of the origin of the custom of Tuareg face veiling. Most authors refer it to hygienic conditions: the veil protects the face from sand and dust, and it prevents mouth, nose, and throat from drying up in hot weather. The fact is that the veil has the latter function, and Arab bedouins of the Sahara will also frequently veil their faces during journeys in the hot season. But the hygienic explanation is definitely not the reason why the Tuareg also veil themselves in many situations where face veiling is unpractical and unpleasant. Another explanation of the custom of face veiling is that the veil may perhaps have certain religious or magic functions. This explanation is apparently also insufficient. A [254] few Tuareg have claimed that the veil may yield protection from persons having an "evil eye" or an "evil mouth" – beliefs known in Ahaggar as *tehof*, in Ayr as *tugarchet*. But as I have stated elsewhere 291 (Nicolaisen 1957a, p. 112; 1961, p. 114) the proper function of face veiling seems to be a social one. 576 Many Tuareg will leave their face uncovered in family camps or on journeys, but they will always [609] [606] cover mouth, nose, and brow in the presence of foreigners (particularly foreign women) and in the presence of their parents-in-law (particularly their mothers-in-law). Towards such persons it is also considered very indecent to show one's legs. It has been overlooked by most authors that Tuareg women wear a head-cloth (*ékerhey* in Ahaggar, *adulil* in Ayr), which is similar to the veil worn by men in form and shape. The headcloth and the veil are properly made from Sudanese indigo cotton, and both the veil and the headcloth are therefore also known as *alechchu*. It is true that Tuareg women [609] [606] do not veil their face by means of this headcloth in the same way as do the men. But in the presence of foreigners (particularly foreign men) and towards fathers-in-law the women will draw their headcloth over their mouth (cf. Fig. 297a). The man's veil and the woman's headcloth have identical social functions which is also proved by the fact that young men and women adopt veil or headcloth at initiation (Ahaggar), or at marriage (Ayr). Both the veil and the headcloth are worn by people of various black-skinned castes of Tuareg country but the custom of face veiling seems to be more strictly observed among the true Tuareg.

181 The custom of face veiling is one characteristic of all Tuareg. Another quality peculiar to all Tuareg, and particularly to those of the noble class, is their "snobbishness" as it is frequently called by many Frenchmen living at Tamanrasset and Agadez. There are a great many things a Tuareg cannot do, and there are many situations in which he will have to act in a very special way if he is to be regarded as a man worthy of respect and prestige. Tuareg attitudes to etiquette are not easily described in words. Gait, gestures, and postures are all intended to express qualities of elegance, arrogance, refinement, and strength. Vanity with regard to dress and ornaments is another characteristic of all true Tuareg.